

Research Title	Research on the Relationship between BMI and Health Checkup Data
Purpose and Significance of this Research	<p>BMI(Body Mass Index)is used internationally as an indicator of obesity. The criteria for determining obesity varies by country, and in Japan, people with a BMI between 18.5 and 25 are considered normal, whereas those with a BMI over 25 are considered obese. When evaluating the vital signs and laboratory test values of those with high BMI, there are times when it is not appropriate to use the same criteria used for normal BMI subjects. Similarly, because foreigners tend to have a higher BMI than Japanese, there are also cases where it is difficult to evaluate both groups using the same standard criteria.</p> <p>At each of SOUSEIKAI Medical Group's sites, patients' past health checkup data will be collected. The data will then be separated into ranges of BMI, the relationship between these ranges of BMI and the other health checkup examination data will be analyzed, and the unique characteristics identified for each related range of BMI will be further investigated.</p>
Primary Researcher	Dr. Takashi Eto, Director (SOUSEIKAI Medical Group - Hakata Clinic)
Research Period	March 2024 ~ February 2025
Target Research Sites and Collaborators	<p>From the period between January 2014 ~ December 2023, health checkup data will be provided by the following institutions:</p> <ul style="list-style-type: none">•SOUSEIKAI Medical Group - Hakata Clinic•SOUSEIKAI Medical Group - Sumida Hospital•SOUSEIKAI Medical Group - PS Clinic•SOUSEIKAI Medical Group - Fukuoka Mirai Hospital, Clinical Research Center

	<p>・SOUSEIKAI Medical Group - Nishikumamoto Hospital, Clinical Pharmacology Center</p>
<p>Outline of Information to be Requested and Used for this Research</p>	<p>For usage in this research, we request allowance to access the following patient clinical examination items and test data taken at the time of health checks to investigate their relationship to BMI:</p> <p>Date of Health Check, BMI, Gender, Race, Age, Past Medical History, Present Medical History, Blood Pressure (Systolic, Diastolic), Pulse Rate, ECG Parametrs(Heart Rate, QT Interval, QTcB, QTcF), Clinical Laboratory Test Results(AST, ALT, LDH, GGT, CK, UA, CRE, T-Cho, LDL-C, HDL-C, TG, GLU)</p>
<p>Scope of User Access to Information</p>	<p>This research will be conducted at the following 5 medical institutions:</p> <ul style="list-style-type: none"> ・ SOUSEIKAI Medical Group - Hakata Clinic ・ SOUSEIKAI Medical Group - Sumida Hospital ・ SOUSEIKAI Medical Group - PS Clinic ・ SOUSEIKAI Medical Group - Fukuoka Mirai Hospital ・ SOUSEIKAI Medical Group - Nishikumamoto Hospital <p>Please note that after the information for this research is initially collected by each of these medical institutions, it is aggregated by Hakata Clinic without including patients' personal information, such as names and addresses. All data will be compiled and managed at Hakata Clinic.</p>
<p>Conflict of Interest Regarding this Research</p>	<p>There is no funding source for this research.</p> <p>Thus, there will be no conflicts of interest for any of the responsible members of this research.</p> <p>Also, prior to the start of this research, we will confirm that each of the above research institutions are in accordance with regulations regarding conflict of interest management.</p>
<p>Parties Who Do Not</p>	<p>Any of the related parties may refuse to participate in this</p>

<p>Want to Participate in this Research</p>	<p>research at any time. Also please note that even for those who decline to participate in this research, they will not be disadvantaged in participation in future clinical trials or clinical research.</p> <p><Contact Information> 2232CP Research Management Department email:2232cp@lta-med.com</p>
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